

LESSON 9

How to avoid giving into temptation



After Moses delivered the Ten Commandments to the Israelites, he told them that it was so the fear of God would remain with them and “that ye sin not.” (Exodus 20:20) To avoid falling into sin, you must recognize three areas: Satan, Self, and the Spirit.

SATAN

- 📖 Ephesians 6:12 The forces we are opposing are not _____
- 📖 James 4:6-10 When Satan offers sinful suggestions, how are we to respond? We are to _____ the devil, and he will _____ from you.
- 📖 Matthew 4:1-11 Jesus said “It is written” three times during his temptation which means He was quoting _____ to resist Satan.
- 📖 Ephesians 4:27 Sometimes we provide Satan with room to work in our lives by choices that we make. We should give no _____ to the devil.
- 📖 1 Peter 5:8-9 Satan stalks us spiritually much like a _____ pursues his prey. Knowing that Satan wants to spiritually devour us we are to be _____ [serious-minded] and _____ [alert]. We are to resist Satan _____ [firmly] in the faith.

SELF

- 📖 James 1:14 You have personal appetites that must be controlled. A person is enticed to do wrong when he is “drawn away of his _____ lust [desires]”
- 📖 Romans 7:18-19 What dwells in my “flesh”? _____ I may have the “will” to do right, but may not know how to _____ that which is good. My natural tendency is that the good things that I should do _____, and the bad things I should not do _____.

📖 Romans 7:21 Paul discovered a principle. Even though he wanted to do _____ yet _____ was present within him.

📖 Romans 7:23 My tendency to do wrong is the “law in my members.” That law is _____ against the law of righteousness that I understand with my mind. I must resist the law of sin lest it bring me into _____.

📖 1 Corinthians 9:27 What did Paul have to constantly keep under subjection? _____ Failure to do so would render him _____ [disqualified].

📖 1 Corinthians 10:13 Though you may feel that no one has ever been tempted like you are being tempted, the Bible says that any temptation that has “taken you” is _____ to man. God always provides a way to _____ so that you can “bear it” or resist.

📖 1 Peter 2:11 Our permanent home is now in heaven. On earth we are to see ourselves as _____. For that reason, we should _____ from indulging in the desires that our flesh lusts after. These desires _____ against the soul.

SPIRIT

Negatively, we must resist Satan and Self. Positively, we must cling to the Holy Spirit. If we are busy cultivating a deep relationship with God, we will be less like to succumb to temptation.

📖 Galatians 5:16 If you do not want to carry out the desires of your flesh, you must focus on _____ [living] in the Spirit.

📖 Romans 8:1-9 Since we are in the Spirit, we should not mind the things of the flesh, but the things _____ (vs. 5). Those who live “in the flesh cannot” _____ (vs. 8)

📖 Matthew 6:13 One segment of the Lord’s model prayer was that we ask God to _____ into temptation but _____ from evil.

James 4:7 “Submit yourselves therefore to God. Resist the devil, and he will flee from you.”